

# **compulsive gamblers** *assistance*

## **When Gambling Becomes a Bad Bet.....**

The Gamblers Assistance Program was established in 1992. Since that time the GAP has worked to assist those negatively affected by problem gambling. The GAP contracts with individuals throughout Nebraska to provide treatment services to problem gamblers and their family members.

Gambling is a recreational activi-

ty enjoyed by the majority of adults in Nebraska. There are some, however, with whom gambling is more than recreational and is in fact addictive and destructive. The devastation of the gambler and their family is well documented. What is less known is how families can protect themselves from the devastation of gambling and the gambler.

**Below is a self survey to discover whether you or someone you know has a gambling problem**

- *Have you ever lost time from work because of gambling?*
- *Has gambling ever made your home life unhappy?*
- *Have you ever felt remorse for gambling?*
- *Do you ever borrow to finance your gambling?*
- *Are you reluctant to use "gambling money" for normal expenditures?*
- *Does gambling cause you to have difficulty sleeping?*
- *Have you ever considered self-destruction as a result of your gambling?*
- *Do you often gamble until your last dollar is gone?*
- *Do you ever gamble longer than you planned?*
- *After winning, do you ever have a strong urge to return and win more?*

**(Most problem gamblers answered yes to at least 3 out of these 10 questions.)**

**We Can Help: 1-800-522-4700** Call 24 Hours a day, 7 days a week

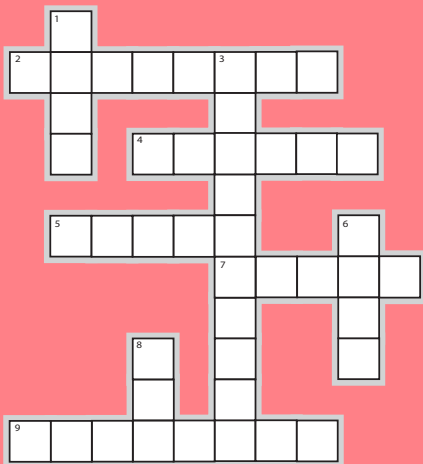
## Crossword Contest

Win Free  
Lottery  
Tickets!

Complete this crossword puzzle for a chance to win great prizes.

Then mail\* this entire page to Nebraska Lottery Digest Players Paradise, P.O. Box 94878, Lincoln, NE 68509 4878.

At noon on each of the drawing days (June 1 and June 29) we will draw 25 entries. For each word/phrase identified, those entries will each receive one (1) coupon for a free \$1 Scratch ticket and one coupon for a \$1 free play of each of the four Lotto games. That's the equivalent of \$5 worth of free tickets for each word/phrase correctly identified—maximum total prize value \$45.



### Across

2. \_\_\_\_\_ cranes migrate through central Nebraska every year.
4. New \$1 Scratch ticket, Spin the \_\_\_\_\_.
5. The \_\_\_\_\_ Museum of the Prairie Pioneer, located in Grand Island.
7. The Street Team travels in a tricked-out \_\_\_\_\_ XB.
9. Orange County \_\_\_\_\_ is a new \$2 Scratch ticket.

### Down

1. Winning Lotto tickets must be claimed within 180 \_\_\_\_\_ of the drawing.
3. Major Nebraska thoroughfare, \_\_\_\_\_ 80.
6. Soon, select \$2 Scratch tickets will no longer contain the Fun \_\_\_\_\_.
8. \_\_\_\_\_ Club members can enter special web promotions at [www.nelottery.com](http://www.nelottery.com).

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Telephone \_\_\_\_\_ Date of Birth \_\_\_\_\_

E-mail Address \_\_\_\_\_

Favorite Nebraska Lottery Retailer \_\_\_\_\_

**\*ONLY ENTRIES SUBMITTED THROUGH THE MAIL WILL BE ELIGIBLE. ENTRIES ARE NOT OPENED BEFORE DRAWINGS AND SHOULD BE IN SEPARATE ENVELOPES. PLEASE DO NOT SEND ENTRIES WITH ANY OTHER CORRESPONDENCE. YOU ONLY NEED TO SUBMIT ONE ENTRY, AS THOSE NOT DRAWN WILL BE RETAINED FOR THE NEXT DRAWING.**

*Winners will receive \$1 Nebraska Lottery Scratch tickets from currently active games, and coupons for free quick picks in Nebraska Lottery Lotto games.*

*You must be 19 years or older to participate. You can win only once in the contest.*

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**WE'RE HELPING TO BUILD  
A BETTER NEBRASKA**



*ne.lottery.com*